

-2023-

# OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Cereal Bowl  
Fresh Fruit  
Assorted Juice  
Choice of Milk

3

Apple Frudel  
Fresh Fruit  
Assorted Juice  
Choice of Milk

4

Chicken Biscuit  
Fresh Fruit  
Assorted Juice  
Choice of Milk

5

Maple Pancake  
Sandwich  
Fresh Fruit  
Assorted Juice  
Choice of Milk

6

Blueberry Waffles  
Fresh Fruit  
Assorted Juice  
Choice of Milk

9

Chocolate Crescent  
Fresh Fruit  
Assorted Juice  
Choice of Milk

10

Pancake Wrap  
Fresh Fruit  
Assorted Juice  
Choice of Milk

11

Blueberry Muffin  
Fresh Fruit  
Assorted Juice  
Choice of Milk

12

Breakfast Pizza  
Fresh Fruit  
Assorted Juice  
Choice of Milk

13



16

French Toast  
Fresh Fruit  
Assorted Juice  
Choice of Milk

17

Sausage Biscuit  
Fresh Fruit  
Assorted Juice  
Choice of Milk

18

Apple Frudel  
Fresh Fruit  
Assorted Juice  
Choice of Milk

19

Choice of Pop Tarts  
Fresh Fruit  
Assorted Juice  
Choice of Milk

20

Maple Pancake  
Sandwich  
Fresh Fruit  
Assorted Juice  
Choice of Milk

23

Chicken Biscuit  
Fresh Fruit  
Assorted Juice  
Choice of Milk

24

Chocolate Crescent  
Fresh Fruit  
Assorted Juice  
Choice of Milk

25

Pancake Wrap  
Fresh Fruit  
Assorted Juice  
Choice of Milk

26

Blueberry Muffin  
Fresh Fruit  
Assorted Juice  
Choice of Milk

27

Breakfast Pizza  
Fresh Fruit  
Assorted Juice  
Choice of Milk

30

Maple Pancake  
Sandwich  
Fresh Fruit  
Assorted Juice  
Choice of Milk

31

Sausage Biscuit  
Fresh Fruit  
Assorted Juice  
Choice of Milk

Happy  
Halloween