

-2023-

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*Sandwiches,
Salads and
Yogurt Bags
offered daily.*



2
General Tso Chicken
Brown Rice
Stir Fry Vegetables
Fruit Cup
Choice of Milk

3
Walking Taco
Black Bean Salsa
Fresh Fruit
Choice of Milk

4
Chicken and Waffles
Tator Tots
Baby Carrots
Fresh Grapes
Choice of Milk

5
Coney Dog
Curly Fries
Cole Slaw
Fresh Orange
Choice of Milk

6
Cheese/Pepperoni
Pizza
Steamed Broccoli
Fruit Cup

9
Bosco sticks
Green Beans
Fruit Cup
Choice of Milk

10
Hickory Pulled
Chicken Sandwich
Baked Beans
Cole Slaw
Choice of Milk

11
Loaded Nachos
Corn
Side Salad
Dice Peaches
Choice of Milk

12
Cheese/Pepperoni
Pizza
Curly Fries
Carrot Dippers
Choice of Milk



16
Chicken Tenders
Steamed Broccoli
Dinner Roll
Slice Apples
Choice of Milk

17
Soft Shell Beef Tacos
Seasoned Black Beans
Side Salad
Fresh Fruit
Choice of Milk

18
French Toast Sticks
Hash Brown Rounds
Sausage Links
Cucumber Coins
Slice Oranges
Choice of Milk

19
Chicken Filet
Waffle Fries
Celery Sticks
Dice Peaches
Choice of Milk

20
Cheese/Pepperoni
Pizza
Glazed Carrots
Side Salad
Fruit Cup
Choice of Milk

23
BBQ Boneless Wings
Green Beans
Fruit Cup
Choice of Milk

24
Cheeseburger
Curly Fries
Carrot Dippers
Apple Slices
Choice of Milk

25
BBQ Rib Sandwich
Baked Beans
Fresh Grapes
Choice of Milk

26
Chicken Parmesan
Italian Vegetables
Strawberries
Garlic Breadsticks
Choice of Milk

27
Cheese/Pepperoni
Pizza
Glazed Carrots
Cucumber Slices
Fruit Cup
Choice of Milk

30
Meatball Sub
Green Beans
Fresh Fruit
Choice of Milk

31
Sloppy Joe
Curly Fries
Fruit Cup
Choice of Milk

